

Ouachita Trek Personal Gear List

Eating

- Bowl
- Spoon
- Cup
- Mesh bag for hanging utensils each night

Sleeping

- Sleeping Bag
- Ground Pad
- Tent - Provided by Troop - Divided with Partner

Clothing

- Rain Suit
- Socks - 1-2 Extra Pairs - Wool is preferred.
- Zip-Off Pants (Doubles as shorts and long pants)
- Short Sleeved Shirt - Not Cotton
- Long Sleeved Shirt - Not Cotton
- Polartec/Fleece Jacket
- Underwear - One extra pair if you think you'll change them.
- Stocking Cap
- Gloves
- Boots

Other Gear

- Nalgene Wide-mouth Water Bottles - Three
- Headlamp
- Pocket Knife
- Bandanna
- Camera (Optional)
- Bag of Bags (Couple gallon freezer bags and 1-2 trash bags)
- Backpack (Personal or can be checked out from the Troop)
- Backpack Cover (Personal or can be checked out from the Troop)
- Toiletries
- Medicine
- Sun Screen
- Pack Frame Pins - Extras
- Food Bag - Garbage bag to contain crew food. (Helps contain any food if packages rupture)
- Personal Smellable Bag - Waterproof is best. Will be placed in bear bags at night.
- Camp Shoes (Optional)

Reminders

- Pack everything in plastic bags
- Scotchgard Boots for Waterproofing (Optional)

Trek Crew Equipment - Troop Provided

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|--------------------------|-------------------------------------------|--------------------------|----------------------------|
| <input type="checkbox"/> | Backpacking Stoves and Gas - Two per Trek | <input type="checkbox"/> | Polar Pure Water Treatment |
| <input type="checkbox"/> | 8 qt Pot & Lid | <input type="checkbox"/> | Bear Bags |
| <input type="checkbox"/> | 4 qt Pot & Lid | <input type="checkbox"/> | Bear Rope |
| <input type="checkbox"/> | Large Cooking Spoon | <input type="checkbox"/> | Bear Carabiner |
| <input type="checkbox"/> | First Aid Kit | <input type="checkbox"/> | Matches/Fire Starter |
| <input type="checkbox"/> | ipood! Trowel | <input type="checkbox"/> | Spices |
| <input type="checkbox"/> | 50' of 1/4" Rope | <input type="checkbox"/> | Saw |
| <input type="checkbox"/> | Dutch Oven (Optional) | <input type="checkbox"/> | Trek Food |